

# Reduce Stress & Anxiety



<b>Date</b>	Monday 19 May 2025	<b>Time</b>	11 - 12
<b>Attendees</b>	<ul style="list-style-type: none"> <li>• Lisa Money &amp; Jo Morrell (Imagine This Partnership Managers)</li> <li>• Rebekah Daws (Partnership Administrator)</li> </ul>		

<b>Agenda</b>
<ul style="list-style-type: none"> <li>• General catch up</li> <li>• Moving forward with a potential bid to the Health Lottery</li> <li>• Reminder of whole partnership gathering</li> </ul>
<b>Summary</b>

## Overview

- Several partners were unable to attend last minute however Jo, Lisa and Rebekah used 30mins of the meeting to discuss:
  - Overview and Scrutiny Board presents opportunities for the partnership to contribute to children's services discussions
  - Need to articulate Imagine This collective offer for mental health and wellbeing support
  - Potential for improved collaboration with Children's Services through quality assurance and safeguarding training
  - Health Lottery funding application in preparation, pending reopening of the fund

## VCSE Community Representation on Children's Overview and Scrutiny Board

- Tanny Stobart and Mike Cook currently sat on the board, but the connection has been lost or overlooked
- Upcoming discussions include children's mental health, care-experienced young people, and under-25 carers strategy
- Opportunity for the partnership to contribute insights and updates on current initiatives
- Need to reconnect with Tanny and Mike on this to improve information flow to/from Overview and Scrutiny
- Lisa to speak to Mike. Jo to speak to Tanny and arrange a meeting between Mike, Tanny, Steven Chown and Liz Muir to improve communication
- Lisa and Johanna to review and highlight relevant areas in the Overview and Scrutiny timeframe document by June 2nd

## Quality Assurance and Safeguarding Support

- Sarah Overton from Children's Services Safeguarding Team willing to support VCSE organisations
- Potential for Sarah to provide training to Imagine This partners on compliance and quality assurance
- Lisa to follow up on governance support with Sarah Overton

### Health Lottery Funding Application

- Awaiting confirmation of when the funding stream will reopen
- Previous funded projects around £20-30k
- Jo confident in ability to draft initial application based on current partner knowledge
- Plan to create bullet points for key concepts and gather partner feedback
- Jo to send email to partners about Health Lottery thoughts, discuss at partnership gathering on 3 June

Actions	Owner
Speak to Tanny & Mike	Jo & Lisa
Create shared doc of Overview & Scrutiny timeframe, highlight Imagine This threads by Jun 2	Jo & Lisa
Arrange mtg w/ Tani, Mike, Stephen, Liz re improving Imagine This involvement in Overview & Scrutiny	Jo
Contact Sarah Overton re governance support/training for Imagine This partners	Lisa
Email Impact Group re Health Lottery funding & Overview/Scrutiny updates, mention Jun 3 partnership mtg discussion opp	Jo